



Eden Care UK - Befriender Role Description

Having been accepted onto the project, Befrienders will be asked to undertake the following tasks:

- 1. To create a positive befriending relationship between yourself and the terminally sick or those reaching End of Life EOL**
- 2. To meet the service user in a one to one situation on a weekly basis in agreement with the Eden Care UK for a minimum period of six months or more**
- 3. To attend group activities & courses**
- 4. To advise, assist, support and motivate the service user in developing appropriate attitudes which will assist them in achieving and sustaining their personal goals**
- 5. To maintain principles of confidentiality**
- 6. To work at all times within the Equal Opportunities Policy**
- 7. To work at all times according to the Health and Safety Regulations**
- 8. To complete monitoring and review's every quarter**
- 9. To attend project events**
- 10. To attend regular support group and supervision meetings**
- 11. To undertake initial and ongoing training as required**
- 12. To support Eden Care UK campaigns**

Befriender Person Specification

By the end of the training and selection process, all befriender should demonstrate the following:

- 1. An understanding of the role, responsibility and boundaries of the befriender**
- 2. A commitment of 6 months or more**
- 3. A commitment to the ongoing volunteer training programme**
- 4. An ability and commitment to maintaining written records**
- 5. A commitment to Equal Opportunities**
- 6. Reliability and punctuality**
- 7. A non-judgemental approach and attitude**
- 8. A mature and positive outlook with a good sense of humour**
- 9. Patience, empathy, honest and a sensitivity to past experiences and lifestyles with ability to share own experiences and expertise**
- 10. Good communication skills, including the ability to listen and the ability to use appropriate questioning techniques**
- 11. An awareness of diversity, different culture and pressures faced by service user**
- 12. The ability to challenge negative behaviour and give honest positive feedback**
- 13. Excellent motivational skills and the ability to raise aspirations**
- 14. Knowing when and where to seek support**
- 15. An ability to work with service user whilst maintaining boundaries and without becoming inappropriately involved**
- 16. All befrienders must also be over 18 years old**